



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
2024-2025

School Name & Location Number:	Hialeah Gardens Elementary School 2111
Principal:	Idaniel Gonzalez
Phone Number:	305-827-8830
School Wellness/Healthy School Team Leader:	Yanilet Fortich, AP
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Yanilet Fortich, AP Jennifer Gonzalez, AP J Jose Alen, PE Coach Olga Nanney, School Counselor Jeanette Alfaro, School Counselor Jessica Abdalah, Mental Health Coordinator Niurka Rojas, Cafeteria Manager
Committee Meeting Dates:	
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	Nutrition: <ul style="list-style-type: none"> • Promote the free breakfast and good eating habits, especially as testing approaches • Provide healthy meals and snacks daily to students, faculty, and staff through the cafeteria

	<p>Physical Education:</p> <ul style="list-style-type: none"> • Fitnessgram Testing <p>Physical Activity:</p> <ul style="list-style-type: none"> • Running & pickle ball for students and staff <p>Health and Nutrition Literacy:</p> <ul style="list-style-type: none"> • Implementing a garden to table program • Bring awareness to the nutrition value of the school garden by putting more on our social media sites <p>Preventive Healthcare:</p> <ul style="list-style-type: none"> • Wellway Wellness Program • Organize a health fair on campus that will provide free health screenings available to students, families and neighboring schools • Bring in a few more teachers/employee into the school wellness activities
Sustainability Practices:	<ul style="list-style-type: none"> • Posting environmental advocacy and educational flyers and information throughout the school Monthly recycling challenges • Encourage the use of re-usable items such as; water bottles • Incorporating education on composting at school gardens
Community Engagement:	<ul style="list-style-type: none"> • Administration will provide healthy snacks at monthly faculty meetings • Increase business partnerships in the local area • Bring in healthcare workers such as doctors, nurses, and dieticians for annual career day at school

<p>Monitoring and Evaluation:</p>	<ul style="list-style-type: none">• Committee meeting sign in sheets• Have more organized meetings next school year• Increased social media presence
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<ul style="list-style-type: none">• Participate in walk such as the Superintendent's 5K• School vegetable garden cultivation• Promote monthly Friday Socials for increased camaraderie among school staff