



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan

School Name & Location Number:	Hialeah Gardens Elementary School
Principal:	Idaniel Gonzalez
Phone Number:	305-827-8830
School Wellness/Healthy School Team Leader:	Yanilet Fortich, AP
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Yanilet Fortich, AP Jennifer Gonzalez, AP Jose Alen, PE Coach Olga Nanney, School Counselor Jeanette Alfaro, School Counselor Jessica Abdalah, Mental Health Coordinator Niurka Rojas, Cafeteria Manager
Committee Meeting Dates:	9/27/23, 10/11/23, 11/8/23, 12/6/23, 1/31/24
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition:</p> <ul style="list-style-type: none"> Promote the free breakfast and good eating habits, especially as testing approaches Provide healthy meals and snacks daily to students, faculty, and staff through the cafeteria <p>Physical Education:</p> <ul style="list-style-type: none"> Fitnessgram Testing

	<p>Physical Activity:</p> <ul style="list-style-type: none"> • Running & pickle ball for students and staff <p>Health and Nutrition Literacy:</p> <ul style="list-style-type: none"> • Implementing a garden to table program • Bring awareness to the nutrition value of the school garden by putting more on our social media sites <p>Preventive Healthcare:</p> <ul style="list-style-type: none"> • Wellway Wellness Program • Organize a health fair on campus that will provide free health screenings available to students, families and neighboring schools • Bring in a few more teachers/employee into the school wellness activities
<p>Sustainability Practices:</p>	<ul style="list-style-type: none"> • Posting environmental advocacy and educational flyers and information throughout the school Monthly recycling challenges • Encourage the use of re-usable items such as; water bottles • Incorporating education on composting at school gardens
<p>Community Engagement:</p>	<ul style="list-style-type: none"> • Administration will provide healthy snacks at monthly faculty meetings • Increase business partnerships in the local area • Bring in healthcare workers such as doctors, nurses, and dieticians for annual career day at school
<p>Monitoring and Evaluation:</p>	<ul style="list-style-type: none"> • Committee meeting sign in sheets • Have more organized meetings next school year • Increased social media presence
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<ul style="list-style-type: none"> • Participate in walk such as the Superintendent's 5K • School vegetable garden cultivation • Promote monthly Friday Socials for increased camaraderie among school staff